



MENU

www.sabinasgrill.com

Soups & Salads

CLUB SALAD.....	\$17
Lettuce topped with mixed cheese, crispy bacon, tomatoes and grilled chicken. Served with ranch dressing	
★ MEDITERRANEAN SALAD.....	\$19
Grilled peppers, onions and sautéed julienne vegetables with steak, chicken, salmon or shrimp and feta cheese over crisp greens. Served with balsamic vinaigrette	
MANDARIN SPINACH SALAD	\$20
Baby spinach, almonds, crispy bacon, red onions, mandarin oranges, feta cheese and tangerine balsamic dressing with crispy noodles and your choice of steak, chicken, salmon or shrimp	
GREEK SALAD	
LARGE.....	\$14
SMALL.....	\$11
A bed of lettuce tossed with feta cheese, peppers, tomatoes, onions, kalamata olives and Greek feta dressing on the side	
CAESAR SALAD	
LARGE.....	\$12
SMALL.....	\$9
Made the traditional way, with caesar dressing	
CHEF SALAD	
LARGE.....	\$12
SMALL.....	\$9
Mixture of romaine, spring mix and iceberg lettuce topped with fresh veggies	
GARLIC TRIO.....	\$16
French onion soup, bruschetta and caesar salad	
FRENCH ONION SOUP.....	\$9
Topped with a three-cheese blend	
DAILY SOUP.....	\$8
Served with crackers	

Handhelds

All sandwiches served with fries. Substitute for sweet potato fries, garden salad, Caesar salad, soup or steamed vegetables 3.00 or Greek salad 4.00

★ SABINA'S SMASH BURGER.....	\$17
Brioche Bun with 6oz beef patty, bacon, cheese, lettuce, tomatoes, & pickle with burger sauce	
SABINA'S BURGER.....	\$17
Homemade patty topped with coleslaw, fresh cucumber, aged with Canadian cheddar cheese, smoked bacon and drizzled with south western aioli	
VEGGIE BURGER.....	\$13
Topped with sauteed peppers, mushrooms, onions and crumbled feta cheese. Served on a sesame seed bun	
BUILD YOUR OWN BURGER.....	\$14
Homemade burger garnished with lettuce, onions, tomatoes and a slice of dill pickle. Add cheese, bacon, sauteed onions or mushrooms. 2.00 each	
SOUTHWESTERN TURKEY.....	\$17
Shaved, oven-roasted turkey breast with lettuce, tomatoes and swiss cheese topped with southwestern mayo. Served on a ciabatta bun	
STEAK SANDWICH.....	\$18
Tender grilled steak, lettuce and tomatoes. Served on a ciabatta bun	
PHILLY MELT.....	\$17
Shaved roasted beef on a toasted ciabatta bun. Served with sauteed onions, peppers and mixed cheese	
CHICKEN MELT.....	\$17
Chicken breast topped with melted cheese, crispy bacon, lettuce and tomatoes on lightly toasted ciabatta	
CLUB SANDWICH.....	\$18
Club with bacon, lettuce, tomatoes, and chicken or turkey on your choice of white or whole wheat bread	
TUSCAN WRAP.....	\$18
Grilled peppers, sun-dried tomatoes, onions, and feta cheese on a spinach tortilla, with chicken or steak	
SPINACH & GOAT CHEESE WRAP.....	\$17
Grilled chicken, baby spinach, fire roasted red peppers, roasted almonds and goat cheese on a spinach tortilla	
CAJUN CAESAR WRAP.....	\$18
Grilled Cajun Chicken or Grilled Steak tossed with c aesar salad, wrapped in a flour tortilla	
BBQ CHICKEN WRAP.....	\$17
Grilled chicken breast with BBQ sauce on a bed of lettuce with tomatoes, bacon and mixed cheese wrapped in a flour tortilla	
BUFFALO RANCH WRAP.....	\$17
Chicken tenders, lettuce, tomato, red onion and jack cheese drizzled with buffalo ranch sauce wrapped in a flour tortilla	
GREEK CHICKEN WRAP.....	\$17
Grilled chicken and Greek salad wrapped in a soft flour tortilla. Add tzatziki sauce 1.00	
CHICKEN FINGERS FRIES.....	\$16
Breaded white chicken strips. Served with plum sauce for dipping	
★ BUFFALO CHICKEN CRUNCH.....	\$18
Hand-breaded chicken, tossed in your choice of wing sauce, fresh cucumber, topped with south western aioli. Served on a brioche bun with tomato and lettuce	

Small Plates

BACON WRAPPED SCALLOPS.....	\$15
★ CAJUN CALAMARI.....	\$5
Lightly dusted calamari served with tzatziki sauce	
GARLIC BREAD & CHEESE.....	\$12
Melted mixed cheese on toasted garlic ciabatta bread. Add bacon 2.50	
BRUSCHETTA.....	\$14
Crispy bread topped with roasted garlic, basil, oregano, tomatoes, onion & crumbled feta cheese	
COCONUT SHRIMP.....	\$14
Succulent shrimp seasoned and breaded with a sweet coconut coating. Served with sweet chili Thai sauce	
GARLIC SHRIMP.....	\$15
Sautéed with julienne vegetables in garlic butter. Served with garlic bread. Also available in a Thai-style sauce	
SIZZLING MUSHROOMS.....	\$14
Mushrooms sautéed in olive oil with garlic and seasoning	
POPPERS.....	\$13
Breaded red jalapeño halves filled with cream cheese. Served with dipping sauce	
POTATO SKINS.....	\$13
Crispy potato skins smothered with mixed cheese and bacon. Served with sour cream	
CHILI.....	\$12
Topped with mixed cheese. Served with garlic bread	
BUFFALO CAULIFLOWER BITES.....	\$14
Lightly breaded cauliflower fried till golden brown	
★ SWEET CHILI CHICKEN.....	\$15
Tender chicken dusted and sautéed in sweet chili sauce tossed with peppers & pineapple	
POUTINE.....	\$13
French fries with cheese curds smothered with gravy. Add pulled pork, chili or bacon 3.50. Make it with onion rings 2.00	
PEROGIES.....	\$12
Topped with onions, cheese and bacon. Served with sour cream	
VEGETABLE SAMOSA.....	\$10
Crispy pastry and vegetarian filling seasoned with traditional herbs and spices. Served with a sweet Thai chili sauce	
★ SPINACH & ARTICHOKE DIP.....	\$13
Served warm with pita triangles and crisp tortilla chips	
BREADED MOZZARELLA STICKS.....	\$13
Served with marinara sauce	
TORTILLA WRAPS.....	\$11
Chili, chicken and cheese wrapped in a soft flour tortilla then oven baked. Served with southwest mayo	
VEGETABLE SPRING ROLLS.....	\$9
Served with a sweet chili sauce	
★ NACHOS.....	\$20
Tortilla chips layered with mixed cheese and salsa. Topped with tomatoes, lettuce, jalapeños and green onions. Add chicken, pulled pork or steak 6.00	
1 LB MUSSELS.....	\$16
Choice of 3 Different Flavours: Curry, Garlic Wine, and Mariana	
★ PEPPER SHRIMP OR CHICKEN.....	\$16
Shrimp/chicken sautéed with aromatic spices served with crisp vegetables	

Shareable Plates

★ SABINA'S HOMEMADE FRESH MUTTON ROLLS.....	\$12
MUNCHIE PLATTER FEEDS 2-4.....	\$40
Wings, bruschetta, samosas, onion rings, vegetable spring rolls, mozzarella sticks, potato skins and veggie sticks	
PULLED PORK NACHOS.....	\$22
Flavored with smokey BBQ sauce, mixed cheese, lettuce and green onions with sour cream and jalapeños	
QUESADILLAS.....	\$17
Grilled flour tortillas filled with mixed cheese, peppers, onions, mushrooms and your choice of chicken, steak, pulled pork or curry chicken. Served with sour cream and salsa. Add guacamole 2.00	
★ SABINA'S MUTTON QUESADILLA.....	\$18
Grilled flour tortillas filled with mixed cheeses, mutton and potato mixed in Sabina's own curry sauce	
CHICKEN WINGS	1LB \$14 - 2 LBS \$26
Served with carrots, celery and ranch dressing.	

DUSTED WITH CHOICE OF SEASONINGS

•BBQ	•Medium	•Hot	•Jerk	•Honey Garlic	•Honey Hot
•Pineapple Curry	•Sweet Chili	•Salt & Pepper	•Smoky Barbecue		
•Dry Cajun	•Lemon Pepper	•Sabina's Crier			
•Roasted Garlic Red Pepper	•Buffalo				

Lunch

ONLY AVAILABLE 11AM - 3PM

WINGS & FRIES.....	\$14
Dusted with a choice of your favorite seasoning sauce	
★ CHICKEN SOUVLAKI.....	\$14
Marinated chicken on pita bread. Served with Greek salad	
★ FISH AND CHIPS.....	\$14
Beer Battered Haddock. Served with fries, coleslaw and tartar sauce	
MUSHROOM CHICKEN PENNE.....	\$15
Mixed with julienne vegetables tossed in your choice of sauce: tomato, tomato cream, tomato pesto, pesto cream or alfredo	
BOLOGNESE.....	\$13
A classic Italian dish made with Sabina's meat sauce and your choice of pasta	
PIZZA 'N' CAESAR SALAD.....	\$15
Any pizza from the menu served with Caesar salad	
★ CHICKEN'S CHICKEN CURRY.....	\$15
Chicken & potato mixed in Sabina's own curry sauce, over a bed of rice with a papadum	
★ CHICKEN CURRY PASTA.....	\$15
Julienne vegetables and spinach over fusilli pasta tossed in a rich curry cream sauce	
PESTO CHICKEN SANDWICH.....	\$14
Grilled chicken brushed with pesto sauce, lettuce and tomatoes. Served on a ciabatta bun with fries	
PULLED PORK SANDWICH.....	\$15
Pulled pork. Served on a bun with coleslaw and fries	

Mains

SABINA'S SUGGESTS MAKING YOUR ENTREES SPECIAL BY ADDING CAESAR OR GARDEN SALAD FOR 3.00

NEW YORK STEAK.....	\$30
An aged 10oz New York strip-loin coated in house spices. Served with your choice of potato and fresh vegetables	
TERIYAKI CHICKEN STIR FRY.....	\$21
Chicken, bell peppers, onion, mushrooms, shredded carrots, zucchini & bean sprouts tossed in a homemade teriyaki glaze. Served on a bed of steamed basmati rice	
RIBS HALF-RACK.....	\$21
Pork back ribs slow cooked to perfection, served with fries and coleslaw	
SWEET CHILI CHICKEN.....	\$20
Served with peppers on a bed of rice	
JAMBALAYA.....	\$20
Chicken, shrimp, sausage mixed with creole sauce, served on a bed of rice	
MAPLE GLAZED SALMON.....	\$24
Maple glazed salmon on a bed of rice served with cucumber salsa & fresh vegetables	
HOMEMADE MEATLOAF.....	\$19
Served with mashed potatoes, gravy, fried onions and fresh vegetables	
LIVER, BACON & ONIONS.....	\$19
Tender grilled liver topped with fried onions, bacon and gravy with mashed potatoes and fresh vegetables	
TERIYAKI SALMON.....	\$24
Fresh Atlantic salmon grilled with a sweet teriyaki glaze. Served on a bed of basmati rice and vegetables	
SPICY VEGETABLE STIR FRY.....	\$18
Stir fried market fresh vegetables & spicy Thai sauce served on a bed of basmati rice. Add chicken or shrimp 3.50	
SINGAPORE NOODLES.....	\$20
Stir-fried rice vermicelli seasoned with curry shrimp, chicken, bell peppers, bean sprouts and scrambled eggs	
BBQ CHICKEN.....	\$22
Well-seasoned chicken breast, grilled to perfection, & brushed with barbecue sauce. Served with market vegetables and Basmati rice	
★🔥 PAD THAI.....	\$20
Wok fried rice noodles with shrimp, chicken, bean sprout & peppers, garnished with peanuts, green onions and egg	
★ CHICKEN SOUVLAKI.....	\$22
Skewered marinated pieces of chicken served on top of a bed of rice. Served with tzatziki and Greek salad	
STEAK & LOBSTER.....	\$35
Grilled 5oz strip-loin steak accompanied by 4oz lobster tail and garlic butter. Served with mashed potatoes and steamed vegetables	

Pasta

ITALIAN SAUSAGE PENNE	\$20
Grilled spicy Italian sausages with sautéed mushrooms and peppers, tossed in a marinara sauce	
MACARONI AND CHEESE	\$16
Original extra creamy macaroni and cheese	
CHICKEN FETTUCCINE ALFREDO	\$20
Grilled chicken with onions, bell peppers, diced tomatoes in a rich pesto cream sauce	
ARTICHOKE SPAGHETTI.....	\$18
Olive oil, garlic, artichoke, plum tomatoes, spinach, onion, tossed in tomato sauce. Topped with black olives and feta cheese. Add chicken 4.50, add shrimp 5.50	
SABINA'S CHICKEN CURRY PASTA	\$20
Julienne vegetables and spinach over fusilli pasta tossed in a rich curry cream sauce	
VEGETABLE PENNE	\$17
Fresh bell peppers, mushrooms, carrots, zucchini and onions in a rich marinara sauce baked and topped with melted cheese	
MEAT LOVER'S PASTA	\$21
Ham, bacon, sausage and crushed chili over fusilli pasta tossed in brandy crème sauce	
BAKED FUSILLI	\$20
Fusilli with grilled chicken, smoked bacon, onion & tomato in a tomato cream sauce topped with jack cheese	
MUSHROOMS CHICKEN PENNE.....	\$20
Mixed with julienned vegetables tossed in your choice of sauce: tomato, tomato cream, tomato pesto, pesto cream or alfredo	
★ CHEESE CAPPALETTI	\$19
Cheese filled cappelletti pasta topped with tomato cream sauce, cheese and oven baked to perfection	
SPAGHETTI AND MEATBALLS	\$18
Our homemade meatballs on a bed of spaghetti, topped with tomato sauce	
BLACK TIGER SHRIMP LINGUINE	\$21
Sautéed shrimp and julienne vegetables in a tomato sauce	
VEAL OR CHICKEN PARMESAN	\$20
Lightly breaded veal or chicken topped with marinara and mozzarella cheese served with linguine in alfredo or marinara sauce	
SEAFOOD LINGUINE.....	\$23
Shrimp, calamari, salmon, tomato sauce and julienne vegetables	

★ LAMB SHANK.....	\$32
Slowly sauteed with red wine, served with mash potatoes, steam vegetable drizzled with a wine glaze gravy	
GRILLED ATLANTIC SALMON.....	\$24
Grilled fresh Atlantic salmon topped with tomato cucumber salsa. Served with pilaf rice and Greek salad	
★🔥 DEVIL CHICKEN SERVED WITH RICE.....	\$18
Spicy marinated chicken and potatoes pan fried with Thai chilies, dressed with red onions and scallions	
★🔥 SABINA'S CURRY MUTTON.....	\$21
Mutton and potato mixed in Sabina's own curry sauce, over a bed of rice with a soft boiled egg and papadum	
★🔥 SABINA'S CURRY CHICKEN.....	\$17
Chicken and potato mixed in Sabina's own curry sauce, over a bed of rice with a soft boiled egg and papadum	
BUTTER CHICKEN.....	\$19
Tandoori chicken marinated in our finest spices then cooked in a house made chicken sauce served with rice and naan bread	
BLUSHING LOBSTER PASTA.....	\$28
Enjoy fresh fettuccine pasta with whole lobster tail, black tiger shrimp, mushroom, baby spinach and red onions in a rose sauce	
LASAGNA & CESAR SALAD.....	\$20
Bolognese sauce and ricotta cheese stuffed between layers of tender pasta. Baked after being topped with mozzarella and Sabina tomato sauce	
SHEPHERD'S PIE	\$19
Golden mashed potatoes over a seasoned mix of lean minced top sirloin & fresh veggies	
STUFFED YORKSHIRE	\$20
Yorkshire pudding topped with choice of chicken and cheese or thinly sliced roast beef and gravy. Served with your choice of potato and fresh market vegetables	
FISH AND CHIPS.....	\$18
Beer battered haddock served with fries and coleslaw	
STEAK AND KIDNEY PIE	\$20
Tender top sirloin with kidney, served with choice of potato, market vegetables & homemade gravy	
STEAK AND MUSHROOM PIE.....	\$20
Top sirloin, mushrooms and onions, served with choice of potato, market vegetables and homemade gravy	
STUFFED YORKSHIRE WITH CHICKEN CURRY	\$20
Yorkshire pudding topped with chicken, potato, and our famous curry sauce. Served with market vegetables	
PAN FRIED SALMON.....	\$24
Served on a bed of linguine noodles with julienne vegetables & plum tomatoes in alfredo sauce	
SIZZLIN' FAJITAS.....	\$20
A steaming skillet of onion and peppers with choice of chicken, shrimp or steak. Add guacamole 2.00	
SERVING FOR TWO.....	\$28

Pizza

Sabina's options add your own pizza toppings (black olives, onions, tomatoes, peppers, hot peppers, zucchini, spinach, garlic and artichoke) Premium toppings for 2.50 each (pepperoni, bacon, sausage, chicken, ham, feta and extra mozzarella)

ITALIAN	\$18
Hot Italian sausage, garlic, onions, peppers and mozzarella	
MARGARITA	\$16
Tomatoes, fresh herbs and mozzarella	
PESTO PIZZA	\$18
Grilled chicken, zucchini, red onions and mozzarella	
PEPPERONI	\$16
Classic pepperoni and mozzarella cheese	
★ MEAT LOVER'S PIZZA	\$14
Pepperoni, bacon, ham and sausage	
VEGETARIAN.....	\$16
Grilled market vegetables, tomatoes and mozzarella	
★ SMOKEY BARBECUE CHICKEN PIZZA	\$18
Chicken, bacon, onion, smokey BBQ sauce, crushed chili flakes and mozzarella	
MEDITERRANEAN PIZZA.....	\$18
Pesto sauce, chicken, tomatoes, olives, feta cheese and mozzarella	
HAWAIIAN PIZZA	\$17
Ham, pineapple and mozzarella	
PULLED PORK PIZZA	\$18
Pulled pork in a smokey BBQ sauce with onion, peppers	
CHEESE.....	\$14
Mixed cheese and tomato sauce	
★🔥 SABINA'S MUTTON PIZZA.....	\$19
Sabina's own curry mutton topped with mushroom, onion, green chilli and Thai chilli	

Breakfast

BREAKFAST SERVED EVERYDAY UNTIL 4PM

TRADITIONAL	\$10
3 eggs with your choice of bacon or sausage, served with home fries and white or whole wheat toast. Substitute with peameal bacon 2.00	
HUNGRY MAN'S.....	\$12
3 eggs with bacon and sausage, served with home fries and white or whole wheat toast	
FRENCH TOAST OR PANCAKES	\$11
Your choice of 3 thick slices of egg dipped bread in Sabina's home-style mixture or 3 freshly griddled pancakes. Served with bacon or sausage	
EGGS FLORENTINE	\$13
Poached eggs served on a toasted english muffin, layered with cooked spinach and topped with hollandaise sauce. Served with breakfast potatoes	
STEAK AND EGGS	\$17
6oz steak cooked to medium with 3 eggs, home fries and white or whole wheat toast	
EGGS BENEDICT.....	\$14
Poached eggs served on a toasted english muffin, layered with peameal bacon and topped with Hollandaise sauce.	

Sabina's standard omelettes are 3 eggs accompanied with home fries and your choice of toast

DELUXE OMELETTE	\$15
Bacon, sausage, ham, red peppers, green peppers, red onions and mushrooms	
HAM AND SWISS OMELETTE.....	\$12
BACON AND CHEDDAR OMELETTE.....	\$12
WESTERN AND CHEDDAR OMELETTE.....	\$13
Ham, red peppers, green peppers, red onions, and cheddar cheese	
MEDITERRANEAN OMELETTE.....	\$13
Diced zucchini, tomatoes, black olives and feta cheese	
GRILLED VEGETABLE OMELETTE	\$14
Grilled red peppers, onions, mushrooms and zucchini	
SPINACH AND FETA OMELETTE	\$12